



# Desert Wellness Center

Family Medicine using Modern Science and Ancient Wisdom

## Patient Information Form

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

\_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

In the Event of an Emergency, Please Contact: \_\_\_\_\_

Relationship to the Patient: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Group Number: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Claims Address: \_\_\_\_\_

Insured: \_\_\_\_\_ Relation to Patient: \_\_\_\_\_

### Financial Policy:

Thank you for selecting Dr. Courtney Cronin, NMD for your health care needs. We are honored to be of service to you and your family. Please be advised that payment for all services will be due at the time services are rendered, unless prior arrangements have been made. If you should desire to submit costs associated with your care to your insurance company, Desert Wellness Center will provide you with the necessary codes, but Desert Wellness Center does not guarantee that your insurance will reimburse any of those expenses.

I agree that should this account be referred to an agency or an attorney for collection, I will be responsible for all collection costs, attorney's fees and court costs. I have read and understand all of the above and have agreed to these statements.

\_\_\_\_\_  
Patient's Signature Date

I acknowledge that I have received a copy of Desert Wellness Center's Notice of Privacy Practices.

\_\_\_\_\_  
Patient or legally authorized individual signature Date

\_\_\_\_\_  
Printed Name if signed on behalf of the patient Relationship to patient



# Desert Wellness Center

Family Medicine using Modern Science and Ancient Wisdom

### New Patient Intake

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_

List of Complaints (in order of importance):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Allergies to Medications/Food:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

### **Weight History**

When did you first become overweight? (your age then) \_\_\_\_\_ (year) \_\_\_\_\_

How did your weight gain start? Describe any circumstances: \_\_\_\_\_

What do you think is the cause of your weight problem? \_\_\_\_\_

Your present weight: \_\_\_\_\_ your weight goal: \_\_\_\_\_ height: \_\_\_\_\_

What was your highest weight? (excluding pregnancy) \_\_\_\_\_ your age then \_\_\_\_\_ # of years ago \_\_\_\_\_

What was your lowest weight? \_\_\_\_\_ your age then \_\_\_\_\_ # of years ago \_\_\_\_\_

Have you ever stayed the same weight for 10 years or more? Yes/ No

Have you attempted to lose weight before? \_\_\_\_\_ most lbs lost: \_\_\_\_\_ how long it took: \_\_\_\_\_

Describe previous methods of weight loss (e.g. diets, pills, injections, hypnosis, acupuncture) and describe your results: \_\_\_\_\_

Where and when do you do most of your overeating? \_\_\_\_\_

Please make any comments that you think might be helpful: \_\_\_\_\_

**Exercise:** How often: \_\_\_\_\_ Type: \_\_\_\_\_

**Sleep:** Amount: \_\_\_\_\_ Wake Refreshed? \_\_\_\_\_ Trouble Falling or Staying Asleep? \_\_\_\_\_

**Please describe your typical meals:**

Breakfast	Lunch	Dinner

Snacks: \_\_\_\_\_ Beverages: \_\_\_\_\_



# Desert Wellness Center

Family Medicine using Modern Science and Ancient Wisdom

Current Medications and Supplements (include dosage): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Previous Surgeries and Hospitalizations, include date: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list date of your last:

Blood Work: \_\_\_\_\_ Dental Exam: \_\_\_\_\_ Eye Exam: \_\_\_\_\_

Colonoscopy: \_\_\_\_\_ Chest x-ray: \_\_\_\_\_ Other Imaging: \_\_\_\_\_

Pap Smear: \_\_\_\_\_ Bone Scan: \_\_\_\_\_ Mammogram: \_\_\_\_\_

Please indicate if you have had the disease (D) or were immunized (I):

Measles: D I      Mumps: D I      Rubella: D I      Hemophilis (Hib): D I  
 Tetanus: D I      Shingles: D I      Chicken Pox: D I      Hepatitis B: D I  
 HPV: D I      Whooping Cough: D I      German Measles: D I      Other: \_\_\_\_\_

Family History

<u>Family Member</u>	<u>Age if Living</u>	<u>Age of Death</u>	<u>Reason of Death</u>
Mother			
Father			
Maternal Grandmother			
Maternal Grandfather			
Paternal Grandmother			
Paternal Grandfather			
Siblings			
Children			

<u>Disease</u>	<u>Family Member</u>
Heart attack/stroke	
Cancer (include type)	
Mental Illness	
Heart Disease	
High Blood Pressure	
Diabetes	
Asthma/allergies	
Autoimmune(RA,Lupus,etc)	



# Desert Wellness Center

Family Medicine using Modern Science and Ancient Wisdom

Please indicate Yes (Y), No (N), or Past (P):

Antacids: Y N P Smoking: Y N P Packs per day & number of years \_\_\_\_\_

Analgesics: Y N P Coffee: Y N P Cups per day if yes or past \_\_\_\_\_

Laxatives Y N P Alcohol Y N P Amount if yes or past \_\_\_\_\_

Steroids Y N P Soda Y N P Amount if yes or past \_\_\_\_\_

Recreational Drugs Y N P

Addictions and/or treatment for addictions: Y N P Explain: \_\_\_\_\_

**Social Life:**

Job: \_\_\_\_\_ Enjoy Job? \_\_\_\_\_

Hobbies: \_\_\_\_\_

Relationship: Married Single In a relationship

Satisfied with Significant Relationship? \_\_\_\_\_

History of Mental/Physical/emotional Abuse? \_\_\_\_\_

**Review of Systems**

Circle Yes (Y), No (N) or Past (P):

**Skin:**

Rash: Y N P	Eczema: Y N P	Color Change: Y N P
Hives: Y N P	Cancer: Y N P	Abnormal Mole: Y N P
Psoriasis: Y N P	Warts: Y N P	Dry/ Itchy: Y N P

**Head:**

Migraines: Y N P	Dandruff: Y N P	Oily/dry Hair: Y N P
Headache: Y N P	Hair Loss: Y N P	Head Injury: Y N P

**Nose:**

Nose bleeds: Y N P	Allergies: Y N P	Frequent Colds Y N P
Polyps: Y N P	Congestion: Y N P	Problems Smelling Y N P

**Eyes:**

Dryness: Y N P	Cataracts: Y N P	Pain: Y N P
Itching: Y N P	Glaucoma: Y N P	Watery/Discharge: Y N P
Redness: Y N P	Styes: Y N P	Vision Problems: Y N P

**Mouth/Throat/Neck:**

Cavities: Y N P	Goiter: Y N P	Problems speaking: Y N P
Dentures: Y N P	Gum Disease: Y N P	Problems tasting: Y N P
Sores: Y N P	Sore throat: Y N P	Problems swallowing: Y N P
Neck Stiffness: Y N P	Swollen Glands: Y N P	

**Respiratory:**

Asthma: Y N P	Cough: Y N P	Shortness of Breath: Y N P
Emphysema: Y N P	TB: Y N P	Wheezing: Y N P
Pneumonia: Y N P	Bronchitis: Y N P	Pain with Breathing: Y N P



# Desert Wellness Center

Family Medicine using Modern Science and Ancient Wisdom

### Cardiovascular:

Palpitations: Y N P	Heart Attack: Y N P	High Blood Pressure: Y N P
Chest Pain: Y N P	Rheumatic Fever: Y N P	Arrhythmias: Y N P
Murmurs: Y N P	Edema: Y N P	Blood Clots: Y N P

### Urinary Tract:

Incontinence: Y N P	Kidney Stones: Y N P	Frequent Infections: Y N P
Urgency: Y N P	Blood in Urine: Y N P	Pain with Urination: Y N P

### Gastrointestinal:

Heartburn: Y N P	Vomiting: Y N P	Change in Appetite: Y N P
Indigestion: Y N P	Ulcers: Y N P	Gall Bladder Disease: Y N P
Gas/Bloating: Y N P	Hemorrhoids: Y N P	Pancreatitis: Y N P
Constipation: Y N P	Liver Disease: Y N P	Stomach Pain: Y N P
Diarrhea: Y N P	Nausea: Y N P	

### Male Genitalia:

STD's Y N P	Hernia: Y N P	Erectile Dysfunction: Y N P
Discharge: Y N P	Prostate disease: Y N P	Testicular Pain/swelling: Y N P
Pain: Y N P	Sexually Active: Y N P	Frequent Night urination: Y N P

Sexual Orientation: Heterosexual Homosexual Bisexual Other

### Female Genitalia:

Age of First Menses: \_\_\_\_\_ First Day of Last Menses: \_\_\_\_\_ Length of Menses: \_\_\_\_\_

Age of Menopause: \_\_\_\_\_ Birth control previously or currently used: \_\_\_\_\_

Times Pregnant: \_\_\_\_\_ Children: \_\_\_\_\_ Miscarriages: \_\_\_\_\_ Abortions: \_\_\_\_\_

Sexual Orientation: Heterosexual Homosexual Bisexual Other

Abnormal Paps: Y N P	Discharge: Y N P	Pain with intercourse: Y N P
PMS: Y N P	Odor: Y N P	Healthy Libido: Y N P
STD: Y N P	Heavy Bleeding: Y N P	Sexually Active: Y N P
Vaginitis: Y N P	Vaginal Dryness: Y N P	Menstrual Cramping: Y N P

### Musculoskeletal:

Weakness: Y N P	Tremors: Y N P	Leg Cramps: Y N P
Stiffness: Y N P	Arthritis: Y N P	Pain: Y N P

### Nervous:

Paralysis: Y N P	Sciatica: Y N P	Numbness/Tingling: Y N P
Seizures: Y N P	Fainting: Y N P	Carpel Tunnel: Y N P

### Mental/Emotional:

Depression: Y N P	Suicidal: Y N P	Psych Hospitalization: Y N P
Anxiety: Y N P	Fear/Panic: Y N P	Bipolar: Y N P
Eating Disorder: Y N P	Irritability: Y N P	Obsessive: Y N P



# Desert Wellness Center

Family Medicine using Modern Science and Ancient Wisdom

## Consent for Human Chorionic Gonadotropin (HCG) Weight-Loss Program

I, \_\_\_\_\_, request and consent to Injections of HCG and strict dietary restrictions for the purpose of losing weight. I understand that as part of the program I will be given a limited physical and orientation to the program, will be instructed on how to administer the injections myself or make arrangements to have someone do so. I understand that initial blood tests will be performed to rule out any conditions that would disqualify me from the program or require any prior treatment before starting the program. I agree to immediately report any problems that might occur to the medical provider during the treatment program. I further understand that there could be risks involved as there are with all medications and that not complying with the dosage recommendations and dietary restrictions could increase risks and alter the results.

I understand that HCG is **not** FDA approved for weight loss. I also understand that there is no medical evidence to support use of HCG for this purpose. The FDA requires the following statement; "HCG has not been demonstrated to be effective adjunctive therapy in the treatment of obesity. There is no substantial evidence that it increases weight loss beyond that resulting from caloric restriction, that it causes a more attractive or "normal" distribution of fat, or that it decreases the hunger and discomfort associated with calorie-restricted diets."

**Patient responsibility: If you miss a scheduled appointment, it will be your responsibility to call our office to reschedule.**

***REFUND POLICY: Once labs are done, the physical is performed, and the treatment is started, we cannot honor any refund requests based on scheduling conflicts, missed doses, unsatisfactory results, other conflicting medical opinions, other health problems that might concurrently arise, or any other reasons.***

I have read and understand all of the above. I fully understand what I am signing and hereby request and consent to Anti- Aging/weight-loss treatment using injections of HCG.

Patient Signature \_\_\_\_\_ Date: \_\_\_\_\_



## Photo Release

---

I hereby grant Desert Wellness Center permission to use my likeness in a photograph in any and all of its publications, including website entries, without payment or any other consideration. These photographs will be cropped in such a way that my face will not be displayed in its entirety, and I will not be identifiable as the subject of the photograph. I understand and agree that these materials are the property of Desert Wellness Center and I may request a copy of the photographs.

I waive the right to inspect or approve the finished product, including written or electronic copy, wherein my likeness appears. Additionally, I waive any right to royalties or other compensation arising or related to the use of the photograph.

I hereby hold harmless and release and forever discharge Desert Wellness Center from all claims, demands, and causes of action which I, my heirs, representatives, executors, administrators, or any other persons acting on my behalf or on behalf of my estate have or may have by reason of this authorization.

I am 21 years of age and am competent to contract in my own name. I have read this release before signing below and I fully understand the contents, meaning, and impact of this release.

---

(Signature) (Date)

---

(Printed Name) (Date)





# Desert Wellness Center

Family Medicine using Modern Science and Ancient Wisdom

## AUTHORIZATION FOR RELEASE OF MEDICAL RECORDS

### PATIENT INFORMATION (PLEASE PRINT):

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_

### RELEASE MY MEDICAL RECORDS FROM:

Doctor's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

Fax #: \_\_\_\_\_

### RELEASE MY MEDICAL RECORDS TO:

Dr. Courtney Cronin, NMD  
Desert Wellness Center  
2133 E. Warner Rd, #102  
Tempe, Az 85284

Phone: (480) 820-6695  
Fax: (480) 820-6696

Please release a copy of all my medical records, including but not limited to, progress notes, operative reports, laboratory results, and diagnostic tests.

### BY MY SIGNATURE I AUTHORIZE RELEASE OF MEDICAL RECORDS

Patient or Representative: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to the Patient: \_\_\_\_\_





# Desert Wellness Center

Family Medicine using Modern Science and Ancient Wisdom

## NOTICE OF PRIVACY PRACTICES

**To Our Patients:** This notice describes how health information about you, as a patient of this practice, may be used and disclosed, and how you can get access to your health information. This is required by the Privacy Regulations created as a result of the Health Insurance Portability and Accountability Act of 1996 (HIPPA).

### **Our Commitment to Your Privacy:**

Our practice is dedicated to maintaining the privacy of your health information. We are required by law to maintain the confidentiality of your health information.

We realize that these laws are complicated but we must provide you with the following important information:

### **Use and Disclosure of your health information in certain special circumstances:**

The following circumstances may require us to use or disclose your health information

1. To public health authorities and health oversight agencies that are authorized by law to collect information.
2. Lawsuits and similar proceedings in response to a court or administrative order.
3. If required to do so by a law enforcement official.
4. When necessary to reduce or prevent a serious threat to your health and safety or the health and safety of another individual or the public. We will only make disclosures to a person or organization able to help you prevent the threat.
5. If you are a member of US or foreign military forces (including veterans) and if required by the appropriate authorities.
6. To federal officials for intelligence and national security activities authorized by law.
7. To correctional institutions or law enforcement officials, if you are an inmate or under the custody of a law enforcement official.
8. For Worker Compensation and similar programs.

### **Your rights regarding your health information:**

1. You can request that our practice communicate with you about your health and related issues in a particular manner or at a certain location. For instance, you may ask that we contact you at home, rather than at work. We will accommodate reasonable requests.
2. You can request a restriction in our use or disclosure of your health information for treatment, payment, or health care operations. Additionally, you have the right to request that we restrict our disclosure of your health information to only certain individuals involved in your care or the payment of your care, such as family members and friends. We are not required to agree to your request; however, if we do agree, we are bound by our agreement except when otherwise required by law, in emergencies, or when the information is necessary to treat you.
3. You have the right to inspect and obtain a copy of the health information that may be used to make decisions about you, including patient medical records and billing records, but not including psychotherapy notes. You must submit your request in writing to Desert Wellness



# Desert Wellness Center

Family Medicine using Modern Science and Ancient Wisdom

Center, 2133 E. Warner Rd., #102 Tempe, Az 85284. *We must respond to this request within 30 days.*

4. You may ask us to amend your health information if you believe it is incorrect or incomplete, and as long as the information is kept by or for our practice. To request an amendment, your request must be submitted in writing to Desert Wellness Center, 2133 E. Warner Rd., #102 Tempe, Az 85284. You must provide us with a reason that supports your request for amendment. *We must respond within 60 days. The patient's physician will usually do this. If the physician believes the information is complete and accurate, the physician can refuse to make any changes.*
5. You are entitled to receive a copy of this Notice of Privacy Practices. You may ask us to give you a copy of this Notice at any time. To obtain a copy of this Notice, contact the front desk receptionist.
6. If you believe your privacy rights have been violated, you may file a complaint with our practice or with the Secretary of the Department of Health and Human Services. To file a complaint with our practice, contact the Office Manager at Desert Wellness Center. All complaints must be submitted in writing. You will not be penalized for submitting a complaint.
7. Our practice will obtain your written authorization for uses and disclosures that are not identified by this Notice or permitted by applicable law.

If you have any questions regarding this Notice or our health information privacy policies, please contact the Office Manager at Desert Wellness Center.